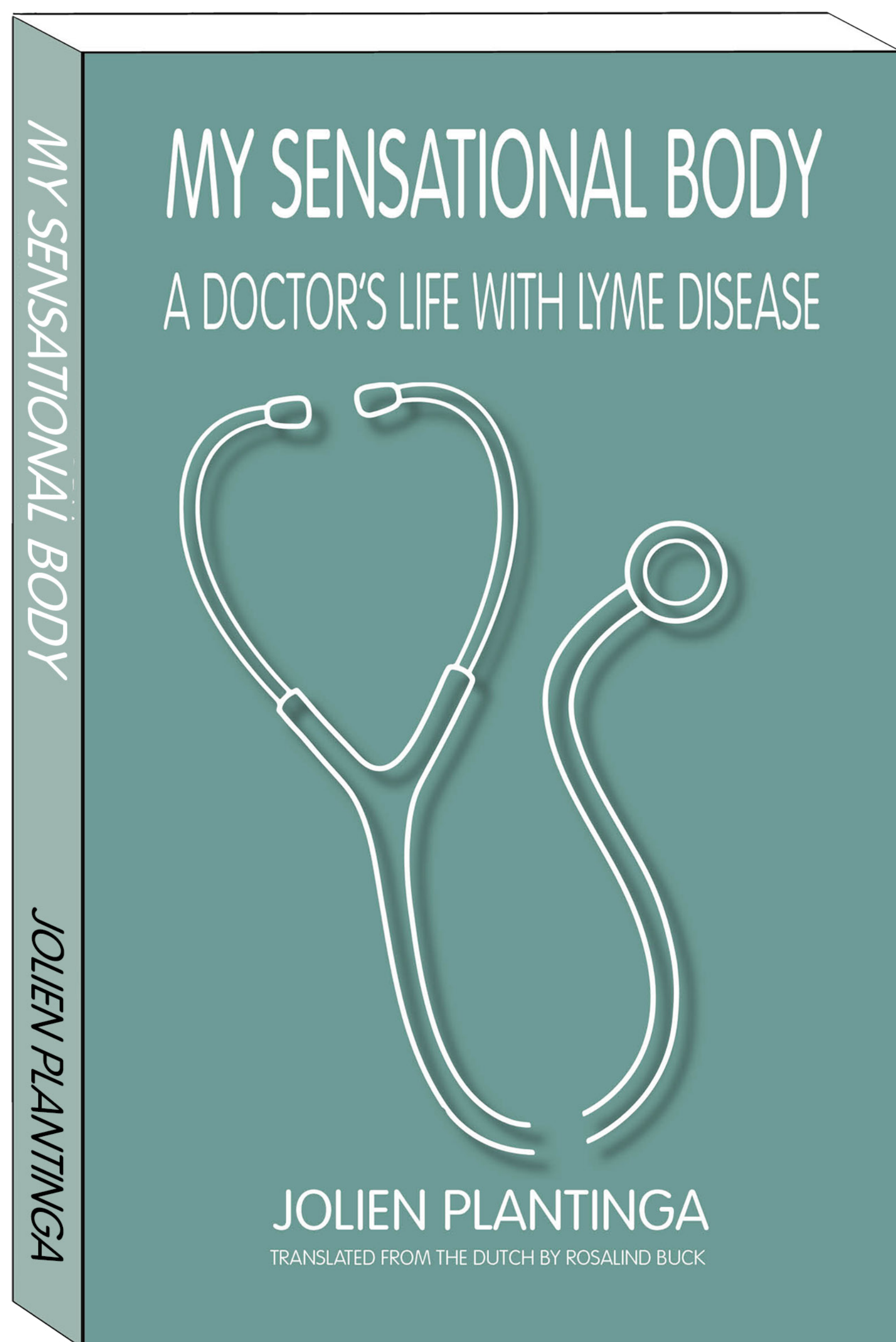


New release: *My Sensational Body* – A Doctor's Life with Lyme Disease

This remarkable book by Dutch physician Dr. Jolien Plantinga is now available in English on all Amazon platforms.



In this courageous and personal account, Plantinga describes how her life changed completely after developing chronic Lyme disease herself. What began with skepticism turned into firsthand experience with how scientific bias and medical disbelief can stand in the way of adequate care and compassion.

This book offers valuable insights for:

- medical doctors & specialists
- researchers
- patients
- anyone interested in the human, often overlooked side of Lyme disease.

Have a look at the website mysensationalbody.com for more information.

Holiday suggestion: Consider giving this book to your doctor or specialist for Christmas.

All royalties will be donated to the Tick-Borne Diseases Foundation Netherlands, supporting scientific research on Lyme and other tick-borne diseases.

If you would like to help spread the word — via your website, newsletter, or social channels — we would be truly grateful.

Together, we can bring more visibility to this important topic.

#LymeDisease #ChronicLyme #LymeAwareness #TickBorneDiseases #ChronicIllness #InvisibleIllness #MedicalBias #PatientStory